

# **BIKE FRIENDLY**



















#### MONDAY

#### MTB TEST DAY FOR CHILDREN AND YOUNGSTERS

Test day at the Skillpark in Canazei and Soraga to have fun with the instructors experiencing jumps, boardwalks and parabolic curves! Afterwards, children and youngsters can decide to take part in the weekly MTB courses.

Meeting point: at 9.30 a.m. by the ski school Canazei Marmolada.

Meeting point: at 9.30 a.m. by the playground in Soraga.Return at about 12.00 p.m. FREE for the Bike Friendly guests.

Notes: Show up with your own (or rented) bike, helmet mandatory. Children must be able to use a bike without training wheels.

Difficulty: EASY – MINIMUM AGE 6 YEARS.

#### **MTB TEST TOUR ADULTS**

Easy/intermediate MTB tour along fire-roads and singletracks with MTB instructors, who will evaluate your skills and suggest you the most appropriated tour to do during the week. Height gain: about 400 m.

Meeting point: at 9.30 a.m. by the ski school Canazei Marmolada. Meeting point: at 9.30 a.m. by the playground in Soraga. Return at about 12.00 p.m. FREE for the Bike Friendly guests. Notes: Show up with your own (or a rented) bike, helmet mandatory. Difficulty: MEDIUM/EASY - ADULTS.

### TUESDAY

#### **BOSCH E-MTB PANORAMIC TOUR**

Half day tour through forest roads and panoramic paths. You will learn how to best use the comfortable engine of the e-bike, thanks to the MTB instructors, who will also give you important tips about the downhill technique.

Meeting point: at 9.30 a.m. by the Sport Check Point in Pozza or in Campitello (every other week).

Return: at about 12.30 p.m.

Special price for the Bike Friendly guests: € 10. Notes: E-MTB rental not included in the price. Difficulty: MEDIUM/EASY - MINIMUM AGE 12.

#### WEDNESDAY

### **ONE DAY E-BIKE TOUR**

Every other week:

**BOSCH TOUR OF THE SASSOLUNGO** (Counter-clockwise)

MTB tour of the beautiful Sassolungo massif. You will take the cable car up to Col Rodella and throughout the so called Città dei Sassi, reach the Mount Pana and then Passo Duron. Length: about 36 km. Altitude gap: uphill about 700m, downhill about 1300 m. Meeting point: at 8.30 a.m. Sport Check Point in Canazei or in Campitello. Return at about 3.00 p.m ca.

#### **BOSCH LATEMAR TOUR**

Starting from Predazzo, we will reach Passo Feudo by taking two lifts, then we will start descending towards Obereggen and then reach the magnificent Lake Carezza through the woods. We will then face the most demanding part, up over the Costalunga Pass. Length: 39 km. Altitude gap: positive 450 m, negative 1558 m.

Meeting point: at 8.30 a.m. Sport Check Point in Pozza. Scheduled return: 3.00 p.m.

Special price for the Bike Friendly guest: €20. Notes: Show up with your own (or rented) bike, helmet mandatory. Lift ticket not included in the special price.

Difficulty: MEDIUM – MINIMUM AGE 12 YEARS.



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## WEEKLY PROGRAMME 2021





#### THURSDAY

#### **BOSCH AGRI-TOUR BY E-BIKE**

Pleasant E-MTB tour along the cycle path and the forest roads to discovery the flavours and the tradition of the valley. During the day you will stop at the most famous farmhouses to taste their typical products, learn about the farm animals and savour the traditions of the past.

Meeting point: at 9.00 a.m. by the Sport Check Point in Canazei. Return: at about 3.30 p.m.

Special price for the Bike Friendly guests: € 25.



Notes: the price includes the Guide for the whole day, the visit to the farmhouses and the tastings/lunch. E-MTB rental not included in the price. Difficulty: EASY.

#### <u>FRIDAY</u>

#### SELLARONDA MTB TOUR in senso orario o antiorario (dal 12/06 al 26/09)

Famous mtb tour around the majestic Sella Group in the Dolomites, Unesco World Heritage Site. Using the lifts you will be able to reach the 4 passes: Gardena, Campolongo, Pordoi and Sella. You will ride down breath-taking paths and enjoying unique landscapes. Altitude gap (clockwise / gravity): positive 440 m, negative 3.900 m. Length 60 km. Altitude gap /counter-clockwise): positive 1020 m, negative 3.370 m. Length 57 km. Meeting point at 8.30 p.m. Sport Check Point Canazei. Return: at about 4.30 p.m. Special price for the Bike Friendly guests: € 20.

Special price for the Bike Friendly guests: € 20. Notes: Bike rental and lift tickets not included in the price. Difficulty: MEDIUM/DIFFICULT – ADULTS.

For groups of at least 4 bikers, staying in a bike friendly facility, one extra tour of your choice, any day at the special price of  $\notin$  20,00 per person.

#### **INFO AND RESERVATIONS:**

Sport Check Point (every day from 9.00 a.m. to 12.00 p.m. and from 4.00 p.m. to 7.00 p.m.)

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