

# Activity Package Summer Outdoor

June 2024 - September 2024

**Fassa  
Sport**  
Check Point

## Monday



### MY FIRST VIA FERRATA with the Mountain Guide

(from 3/06 to 30/09)

Unique experience to try the emotion of reaching the peak! The Mountain Guides will lead you and teach you the right approach to the via ferrata, starting from one of the easiest and most panoramic routes of the valley.

🕒 8.00 am - 4.00 pm

⬆️ 700 m

Level: ★★★★★☆

📍 8.00 am chairlift Paolina Costalunga P. | 8.30 am chairlift Costabella San Pellegrino

€ 120€ | 80€ Summer Outdoor



👤 12+  
years old

🚠 Extra



### MTB TEST TOUR CHILDREN AND YOUNGSTERS with Fassabike

Guides/Instructors (from 3/06 to 30/09)

Test day at the Skillpark in Canazei. Have fun with our instructors experiencing jumps, boardwalks and parabolics! Children and youngsters can decide to take part in the weekly MTB courses.

🕒 9.00 am - 12.00 pm

Level: ★☆☆☆☆

📍 9.00 am Ski School Canazei Marmolada parking lot

€ 25€ | 15€ Summer Outdoor | FREE Bike friendly



👤 6+  
years old

🚲 Extra



### MTB TEST TOUR ADULTS with Fassabike Guides/Instructors

(from 3/06 to 30/09)

Easy/intermediate MTB excursion along forest roads and single trails with MTB instructors, who will evaluate your skills and suggest you the most appropriated excursion to do during the week.

🕒 9.00 am - 12.00 pm

⬆️ 400m

Level: ★★☆☆☆

📍 9.00 am Ski School Canazei Marmolada parking lot

€ 25€ | 15€ Summer Outdoor | FREE Bike friendly



👤 14+  
years old

🚲 Extra



### SELLA WATERFALL with Hiking Guides

(from 10/06 to 30/09)

High-altitude excursion to discover the beautiful Sella waterfalls and their natural pools. After reaching the entrance to val Lasties and admiring its famous waterfalls, we will continue our excursion to Canazei, where we will see two other waterfalls along a scenic and peaceful route.

🕒 9.30 am - 4.00 pm

⬆️ 400m+

⬆️ 500m-

Level: ★★☆☆☆

📍 9.30 am Belvedere lift ticket office in Canazei

€ 34€ adults, 17€ children (10-12 years old)

€ Summer Outdoor 20€ adults, 10€ children (10-12 years old)



👤 10+  
years old

🚠 Extra

## Tuesday



### TREKKING AROUND SASSOLUNGO with Hiking Guides

(from 10/06 to 30/09)

Exciting high-altitude excursion to discover the Sassolungo Group. From Passo Sella with the lift (two-pax gondola) we will reach the highest point, the Forcella and the Demetz refuge at an altitude of 2,685m. In the middle of majestic vertical rock walls, our adventure will begin.

🕒 8.30 am - 3.30 pm

⬆️ 250m+

⬆️ 700m-

Level: ★★☆☆☆

📍 8:30 am bustop at roundabout Canazei / 9:00 am Sassolungo lift ticket office at Passo Sella

€ 34€ adults, 17€ children | Summer Outdoor 20€ adults, 10€ children.



👤 10+  
years old

🚠 Extra

## Tuesday



### PANORAMIC CROSSING with Hiking Guides

(from 17/06 to 10/09)

Do you want to enjoy a breathtaking panorama of infinite beauty? Then jump on board! We will climb comfortably with the lifts in the spectacular area of Col Rodella at the foot of Sassolungo and then head towards the Belvedere area in front of Sella Group. By lifts and short walks we will reach the splendid Ciampac basin where a panoramic walk will lead us to Buffaure and finally to Pozza di Fassa. From here we will return to the starting point by bus.

🕒 8.30 am - 3.30 pm    ⬆️ 600m+    ⬇️ 200m-    Level: ★★★★★☆

📍 8:30 am Lift ticket office at Col Rodella lift in Campitello

€ 34€ adults, 17€ children | Summer Outdoor 20€ adults, 10€ children.



👤 10+ years old

🚌 Extra



### CLIMBING APPROACH FOR CHILDRENS AND ADULTS

with the Mountain Guides (from June to September)

Live an experience together with the Mountain Guides to learn the basics of rock climbing. Whole day on outdoors crags with lunch break (packed lunch or at the nearby refuges). Whoever can then continue with the 3 or 5-day weekly climbing course.

🕒 9.00 am - 3.30 pm    Level: ★☆☆☆☆

Children course : 👤 7-13 years old

📍 9.00 parking lot at roundabout Canazei/ San Nicolò square in Pozza

€ Adults course: (only on Tuesdays) 110€ | 80€ Summer Outdoor  
Children course: (only on Tuesdays) 85€ | 65€ Summer Outdoor



### SASSOLUNGO E-BIKE TOUR with MTB guides

(from 4/06 to 1/10)

On mountain bike around the magnificent Sassolungo massif. We will first reach Col Rodella by cable car, from there we will ride through the "City of rocks", we will reach Monte Pana and then climb the Duron pass to descend through the homonymous valley.

🕒 8.30 am - 3.00 pm    ⬆️ 700m+    ⬇️ 1300m-    ➡️ 36km    Level: ★★★★★☆

📍 8.30 am Sport Check Point Canazei / 8:45 Col Rodella lift ticket office in Campitello

€ 50€ | 25€ Summer Outdoor | 20€ Bike Friendly



👤 12+ years old

🚲 Extra

## Wednesday



### ANTERMOIA LAKE with the Hiking Guides (from 3/06 to 30/09)

Excursion to discover the famous heart-shaped lake nestled in Catinaccio d'Antermoia mountains. It is a quite demanding excursion, but we will make it a little easier by reaching val Duron by off-road taxi. After visiting this enchanted place, we will descend through an alternative path that takes us to Val di Dona and back to Val Duron or directly to Campitello.

🕒 7.00 am - 4.00 pm    ⬆️ 700m+    ⬇️ 1000m-    Level: ★★★★★

📍 7.00 am Col Rodella parking lot in Campitello di Fassa

€ 40€ | Summer Outdoor 25€



👤 12+ years old

🚌 Extra



### SUNSET EXCURSION WITH DINNER AT THE MOUNTAIN REFUGE

with the Hiking Guides (from 3/06 to 30/09)

To live the mountain at night too... Evening excursion in Val Duron with the magic atmosphere of the sunset in the Dolomites. You will enjoy a delicious traditional dinner in a refuge and come back equipped with torches under a beautiful starry sky.

🕒 4.30 pm - 9.30 pm    ⬆️ 400m    Level: ★★★★★☆

📍 4.30 pm Campitello Ski school

€ 60€ adults, 45€ children | Summer Outdoor 45€ adults, 35€ children.  
Dinner included (kids menù 10-12 years old)



👤 10+ years old

🚌 Extra



## Wednesday

### E-BIKE AGRI-TOUR with MTB instructor (from 3/06 to 23/09)

Lovely e-bike excursion on cycle route and forest roads to discover the flavors and traditions of the valley. During the day we will stop in the most famous farmhouses where we will taste their typical products, make friends with animals and savor the traditions of the past.

🕒 9.00 am - 3.30 pm ⬆️ 250m ➡️ 30km Level: ★★☆☆☆

📍 9.00 am Sport Check Point Canazei

€ 65€ adults, 40€ children | 35€ Summer Outdoor | 20€ Bike Hotel  
Include visit at the farmhouses and tastings/lunch.



👤 Any age

🚲 Extra

## Thursday

### ON THE CHAMOIS' TRAIL with Hiking Guides (from 3/06 to 11/09)

From Alba we will reach the beautiful Ciampac basin by cable car. We will venture on paths beaten only by animals to discover the wood and its secrets. A circular route at that will bring us back to the lift.

🕒 9.00 am - 3.30 pm ⬆️ 500m+ ⬆️ 500m- Level: ★★☆☆☆

📍 9.00 am at base station of Ciampac in Alba

€ 34€ adults, 17€ children | Summer Outdoor 20€ adults, 10€ children



👤 10+ years old

🚠 Extra

### THE ENCHANTED LAKE: LAGUSEL with Hiking Guides (from 3/06 to 30/09)

Full day excursion from the magnificent Val Monzoni we will head towards the Pief fork to cross into the suggestive Lagusel basin where we will take a well-deserved break on the lake shore, in a context of absolute quiet. In the afternoon we will return via the San Nicolò valley.

🕒 8.30 am - 3.30 pm ⬆️ 700m+ Level: ★★★★★

📍 8.30 am departure Monzoni Valley shuttle

€ 34€ adults, 17€ children | Summer Outdoor 20€ adults, 10€ children



👤 12+ years old

🚌 Extra

### HIGH ALTITUDE BREAKFAST ON E-BIKE with MTB guides

(from 3/06 to 30/09) A unique experience to enjoy the peace of the woods in the early morning. While pedaling we will be able to admire the Enrosadira and breathe the fresh air in the silence of nature. Once we reach Ciampedie we will enjoy a delicious breakfast in a refuge in front of the magnificent Catinaccio group before returning to the valley and starting our day.

🕒 6.30 am - 9.30 am ⬆️ 600m Level: ★★☆☆☆

📍 6.30 am Sport Check Point Vigo di Fassa.

€ 45€ | Summer Outdoor 35€. Breakfast included.



👤 12+ years old

🚲 Extra

### PIECES OF TRADITION, CULTURE AND PAST, BEES AND OLD FLAVOURS with Hiking Guides (from 3/06 to 30/09)

An afternoon to discover the peasant traditions of the past. Sara from the N'OUTA company will let you dive into their reality, visiting their fields and talking about cereal processing and bee management. We will end the afternoon with a small snack that will give you in the taste of Val di Fassa tradition.

🕒 2.00 pm - 4.30 pm Level: ★☆☆☆☆

📍 2.00 pm multi-purpose center of Campestrin.

€ 18€ adults, 13€ children | Summer outdoor 13€ adults e 9€ children



👤 Any age

🚌 Extra

## Friday

### EXCURSION WITH PICNIC IN A REAL MOUNTAIN LODGE... AMONG WOODS, SPRINGS AND WATERFALLS!

with Hiking Guides (from 3/06 to 23/09)

Regenerating excursion in the peace of Val San Nicolò. Walking through alternative hidden paths we will visit the sources of the waterfall. In a paradise of beauty and quiet, we will visit a typical mountain hut. Here we can relax and enjoy our picnic outdoors on the lawn or in the warmth of the cabin.

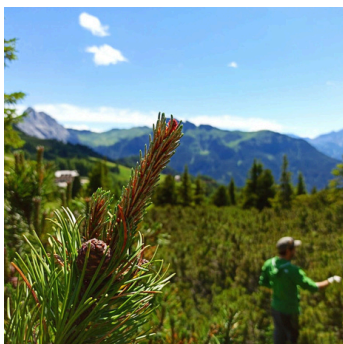
🕒 8.30 am - 4.00 am 200m+ Level: ★★★★★

📍 8:30 am Sport Check Point Pozza di Fassa

€ 34€ adults, 17€ children | Summer Outdoor 20€ adults, 10€ children



👤 8+ years old





## Friday



### THE CITY OF MARMOTS with Hiking Guides (from 21/06 to 13/09)

Ascent with Costabella chairlift and easy excursion at San Pellegrino Pass to observe these funny high mountain inhabitants. If you pay attention you will hear their whistles.

🕒 2.00 pm - 5.00 pm ⬆️ 50m Level: ★☆☆☆☆

📍 2.00 pm departure of Costabella chairlift at Passo San Pellegrino

€ 24€ adults, 12€ children | Summer Outdoor 12€ adults, 6€ children



### THE SOURCES OF MARMOLADA GLACIER

#### with Hiking Guides (from 14/06 to 20/09)

Full day excursion to discover the hidden sources of the glacier. Starting from Pian Trevisan we will follow the Russian trail that leads to Lake Fedaia, where we will stop for lunch. From here we will descend on the other side of the valley until we will conclude the beautiful loop tour.

🕒 9.00 am - 4.00 pm ⬆️ 500m Level: ★★★☆☆

📍 14.00 Pian Trevisan bus stop

€ 34€ adults, 17€ children | Summer Outdoor 20€ adults, 10€ children



### SELLARONDA MTB TOUR with MTB guides (from 15/06 to 29/09)

World famous panoramic tour around the majestic Sella Group, right in the hearth of the Dolomites, UNESCO World Heritage. We will ascend by means of lifts and ride across Gardena, Campolongo, Pordoi and Sella Pass. Exciting single tracks, breathtaking descents and unique mountain landscapes will wait for you! Possibility to ride the classic clockwise tour (for those who love descents), or counterclockwise (for those who love pedaling).

🕒 8.30 am - 4.30 pm ⬆️ 450m+ 900m+ ⬆️ 3730m- 3540m- ➡️ 58km Livello: ★★★★★

📍 8.30 pm Sport Check Point Canazei

€ 50€ adults | Summer Outdoor 25€ | Bike Friendly 20€

## Saturday



### LATEMAR LABYRINTH TRAIL AND CAREZZA LAKE with Hiking Guides

(from 15/06 to 21/09) Through the green meadows of Costalunga Pass we will reach the so-called Latemar Labyrinth, a wide area of rocks that fell about 200 years ago from the Schenon wall. A gigantic landslide erased the third lake of Carezza (Lago di Sopra). The labyrinth is a path between rocks and tunnels that leads to the spectacular rainbow lake.

🕒 9.30 am - 3.30 pm ⬆️ 350m Level: ★★★☆☆

📍 9.30 am Golf Hotel bus stop at Costalunga Pass presso

€ 34€ adults, 17€ children | Summer Outdoor 20€ adults, 10€ children



### DOLO-MYTHICAL ADVENTURE! with the Mountain Guides

(dal 15/06 al 21/09)

Touch the water of the waterfalls between easy rock climbing passages, equipped sections and adrenaline absailing. For an unforgettable day accompanied by our Mountain Guides in the heart of the Dolomite rock.

🕒 9.00 am - 3.00 pm ⬆️ 250m Level: ★★★☆☆

📍 9.00 am Pian de Schiavaneis parking lot

€ 120€ | Summer Outdoor 80€



### GENTE DI TRINCEA with Hiking Guides (from 22/06 to 14/09)

Visit to the Great War front line and trenches in the area of San Pellegrino Pass.

🕒 8.30 - 12.30 circa ⬆️ 150m Livello: ★★★☆☆

📍 8.30 08.30 a.m. departure of Costabella chairlift at San Pellegrino Pass

€ 24€ adults, 12€ children (8-12 years) | Summer Outdoor 12€ adults, 6€ children



👤 Any age

🚶 Extra



👤 10+ years old

🚶 Extra



👤 12+ years old

🚴 Extra



👤 10+ years old



👤 h 1.40m



👤 8+ years old

## Sunday



### CROSSING CATINACCIO GROUP

with **Hiking Guides** (from 02/06 to 22/09)

Spectacular and easy walk at high altitude in the Catinaccio Group, from Roda di Vael to Ciampedie; we will use the lifts to overcome the major uphill and downhill. We will cross the magical kingdom of King Laurino among history, legends, and amazing views.

⌚ 8.45 am - 4.00 pm    ⬆️ 400m+ ⬇️ 500m-    Level: ★★★★★

📍 8.45 am Vajolet chair lift in Pera di Fassa, departure by private bus.

€ 34€ adults, 17€ children | Summer Outdoor 20€ adults, 10€ children



👤 10+ years old

🚠 Extra



### TOUR OF ALPE LUSIA AND PANEVEGGIO ON E-BIKE

with **MTB Guides** (from 16/06 to 15/09)

The tour departs from Moena to reach the Funicular of Alpe di Lusia at the loc. Ronchi, which will take us to the heights of Valbona (1,750m). From there we will ride along a forest road that will lead us to the historic huts of Larezila, Passo Lusia and Malga Bocche. We will continue to Paneveggio Natural Park. The descent will take us to Predazzo and then back to Moena on the cycle route.

⌚ 9.00 am - 4.00 pm    ⬆️ 1300m+ ⬇️ 2400m- ➡️ 71km    Level: ★★★★★

📍 9.00 am Sport Check Point Canazei/Pozza

€ 50€ adults | Summer Outdoor 25€



👤 12+ years old

🚠 Extra  
🚲

## Legend

⌚ Duration

📍 Meeting point

€ Cost

⬆️ Elevation gain

➡️ Length

👤 Minimum age

🚠 Chairlift and cable car ticket

🚌 Transport by autobus/taxi

🚲 Bike or e-bike rental

### Difficulty and elevation gain scale:

- ★☆☆☆☆ **For everyone:** Short activity with a minimum elevation gain or flat, suitable also for children.
- ★★☆☆☆ **Easy:** Base-level excursion with very little elevation gain and wide trails. Shoes with sculpted soles are required.
- ★★★☆☆ **Medium:** Suitable for those who already have some trekking experience. Elevation gain up to 400m.
- ★★★★☆ **Medium/Difficult:** Excursion that requests a few hours of hiking and with an elevation gain of up to 700m.
- ★★★★★ **Difficult:** Demanding excursion for those who love to hike in the mountains, that want to do important elevation gains between 700 and 1000m and hike between 6 and 8 hours.

## Terms of participation

- Booking must be done within 6.00 pm of the day before the activity.
- FREE cancellation within 48 hours of the start of the activity. Loss of the deposit (50%) for cancellations within 24 hours of the activity. No refund for cancellations in the 24 hours prior to the departure of the activity.
- The program can be changed because of weather conditions. In case of storms and bad weather conditions the activity can be postponed or cancelled.
- In case the organization decides to cancel and it's not able to reschedule, the sum will be fully refunded.
- Hiking boots or trekking shoes (with sculpted soles - no running shoes) are required for the excursions. The helmet is mandatory for bike activities.
- Lift tickets, buses, shuttles, lunches/dinners, and bike rentals are not included in the price if not differently clarified.
- Meeting points must be reached independently by private car, by public transportation or by taxi.
- Each activity is confirmed with a minimum number of participants, which is different for any activity.
- A discounted price is reserved for the guests of our Summer Outdoor Partners and Bike Friendly Structures. **More information scanning the QR code.**

## Info and booking



Every day from 9.00 am to 12.00 pm and from 4.00 pm to 7.00 pm  
at our Sport Check Point or ONLINE

- Canazei: tel. +39 0462 870997 o Whatsapp +39 340 1147382
- Campitello: tel. +39 0462750350
- Vigo: tel. +39 0462 763125
- Pozza: tel. e Whatsapp +39 331 2989721
- Moena: tel. +39 0462 573770

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